# Life Insurance Markets in the Low Rate Environment

Keynote Bernácer Prize

Ralph S.J. Koijen<sup>a</sup>

<sup>a</sup>University of Chicago, Booth School of Business, CEPR, and NBER

November 22, 2021

#### The role of insurers in the broader economy

- Insurance companies play an essential role to share idiosyncratic risks across households and firms.
- As life and health events are truly about tail risks, mistakes in insurance portfolios are more costly than mistakes in investment portfolios.<sup>1</sup>
- ▶ In addition, insurance companies manage large pools of capital as insurance premiums are paid upfront.

<sup>&</sup>lt;sup>1</sup>Koijen, Van Nieuwerburgh, and Yogo, 2016, *Health and Mortality Delta:* Assessing the Welfare Cost of Household Insurance Choice, Journal of Finance.

# From insuring idiosyncratic to aggregate risks

- ► Modern insurers also offer long-term savings products with embedded minimum-return guarantees.
  - ► E.g., variable annuities and profit participation products.
  - ▶ In part driven by the decline in defined-benefit pension plans.

# From insuring idiosyncratic to aggregate risks

- ► Modern insurers also offer long-term savings products with embedded minimum-return guarantees.
  - ► E.g., variable annuities and profit participation products.
  - ▶ In part driven by the decline in defined-benefit pension plans.
- As a result, life insurers now insure aggregate risks.
- Due to the long-term nature of the insurance contracts, the pricing and risk management are challenging, and require complex financial engineering.
- Imperfect hedging leaves insurers exposed to declines in interest rates and equity prices as well as spikes in volatility.

# Financial fragility: Evidence from the 2008 financial crisis

- Several life insurers received government support, both in the Europe and in the United States.
- Faced with regulatory capital constraints, US insurers distorted prices of life insurance and annuity products.<sup>2</sup>
  - ► Average markup on annuities: −19%
  - ► Average markup on life insurance: −57%

<sup>&</sup>lt;sup>2</sup>Koijen and Yogo, *The Cost of Financial Frictions for Life Insurers*, 2015, American Economic Review

# Financial fragility: Evidence from the 2008 financial crisis

- Several life insurers received government support, both in the Europe and in the United States.
- Faced with regulatory capital constraints, US insurers distorted prices of life insurance and annuity products.<sup>2</sup>
  - ► Average markup on annuities: −19%
  - ► Average markup on life insurance: −57%
- While this extraordinary pricing behavior relaxed regulatory constraints, it weakens their economic position.
- Raising regulatory discount rates during times of stress can have unintended consequences.
  - This is worth exploring in the context of the volatility adjuster in the Solvency 2 framework.

<sup>&</sup>lt;sup>2</sup>Koijen and Yogo, *The Cost of Financial Frictions for Life Insurers*, 2015, American Economic Review

# Low rates, quantitative easing, and the insurance sector

- ► Following the financial crisis, interest rates have declined in Europe and in the US, at least in part due to QE.<sup>3</sup>
- ► For bonds with little credit or sovereign risk, this hurts the insurance sector when holding the bonds for the long run.
  - The long-term return is unaffected, yet the reinvestment yield is lower.
- Evidence that the insurance sector remained fragile:
  - 1. Exposure to interest rates.
  - 2. The COVID-19 crisis.

<sup>&</sup>lt;sup>3</sup>Koijen, Koulisher, Nguyen, and Yogo, *Inspecting the Mechanism of Quantitative Easing in the Euro Area*, 2021, Journal of Financial Economics.

# Risk exposure of U.S. life insurers

▶ The low-rate environment has stressed insurance companies.

Factor	1999–2007	2010–2017
Stock market return	0.56	1.11
	(0.15)	(0.08)
10-year bond return	-0.38	-1.28
	(0.29)	(0.16)
	(0.47)	(0.29)
Observations	108	96

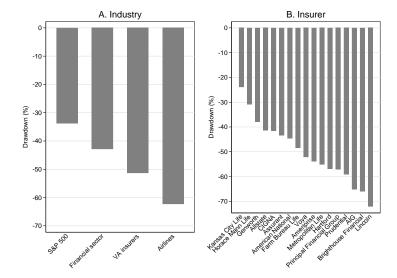
▶ Implied duration gap of approximately 10 years.

# Risk exposure of European life insurers

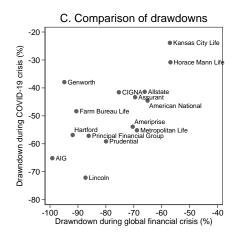
		By subsample		
Factor	2011-2019	2014-2019	2017–2019	
Stock market return	1.09	1.00	0.98	
	(0.08)	(80.0)	(0.11)	
10-year bond return	-0.40	-0.55	-0.66	
	(0.19)	(0.21)	(0.31)	
Alpha (%)	0.54	0.50	0.43	
	(0.27)	(0.28)	(0.35)	
Observations	98	72	36	

▶ Implied duration gap of approximately 6 years.

# Stock returns during the COVID-19 crisis



# Comparison between the GFC and the COVID-19 crisis



▶ Top 9 insurers by variable annuity liabilities in 2007 coincides with top 9 insurers by drawdowns during the COVID-19 crisis.

# Consequences of risk mismatch

#### Asset demand.<sup>4</sup>

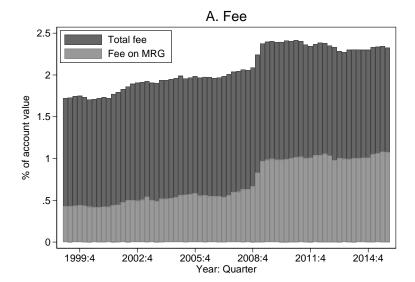
- After 2008, duration increases and credit risk decreases in the general account bond portfolio.
- ▶ Due to the long duration of the contracts, asset demand affected for a long period of time.
- 2. Pricing, design, and reinsurance of variable annuity liabilities.<sup>5</sup>
  - Variable annuity liabilities move off balance sheet, which reduces transparency.<sup>6</sup>

<sup>&</sup>lt;sup>4</sup>Koijen and Yogo, *A Demand System Approach to Asset Pricing*, 2019, Journal of Political Economy.

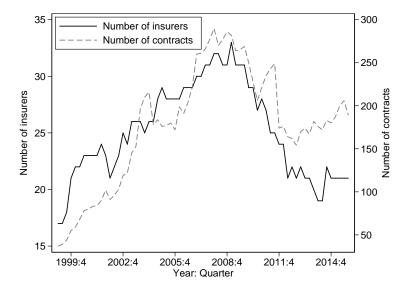
<sup>&</sup>lt;sup>5</sup>Koijen and Yogo, *The Fragility of Market Risk Insurance*, 2022, Journal of Finance.

<sup>&</sup>lt;sup>6</sup>Koijen and Yogo, *Shadow Insurance*, 2016, Econometrica.

#### Implications of fragility: Product prices



# Implications of fragility: Market incompleteness



# Supply-side theory of insurance

	Traditional view	Supply-side view	
Products	Life/health insurance	Minimum return	
	& traditional annuities	guarantees	
Insures	ldiosyncratic risk	Market risk	
Frictions	Informational	Financial/regulatory	
		& market power	
Consequences	Variation in prices, contract characteristics		
	& degree of market incompleteness		

# Long-term risk regulation

▶ How to regulate modern life insurance companies?

# Long-term risk regulation

- How to regulate modern life insurance companies?
- ▶ A key difference between banks and insurance companies is that, with some exceptions, liabilities are not runnable.
- The nature of the risks calls for long-term expected shortfall or value-at-risk measures.
- While conceptually appealing, long-term risk measures are challenging to implement in practice.
  - $\Rightarrow$  E.g., they depend on the mean-reversion in interest rates and other asset prices, which are hard to measure.

# Two facts and a key question

- Switching gears . . .
- 1. Rapid progress in several areas of medicine is leading to meaningful and durable gains in longevity.
- 2. Many of the new medical treatments are very expensive.
- ► Resulting in high out-of-pocket costs for patients, financial toxicity, and even lack of uptake and access.
- ▶ How to assure access for all to medical frontier technologies?

# Existing financing solutions have issues

- 1. Health insurance.
  - ► Co-pays, to limit moral hazard, lead to high OOP costs.
  - Some treatments not covered (incomplete contracts).

# Existing financing solutions have issues

- 1. Health insurance.
- 2. Credit markets ("life loans").
  - ▶ But, households cannot pledge their future labor income.
  - May default on loans received for medical treatment.
  - High labor income uncertainty after diagnosis reduces borrowing capacity.

# Existing financing solutions have issues

- 1. Health insurance.
- 2. Credit markets ("life loans").
- Under status quo, we face a dystopian future where life-saving treatments are unavailable for large population segment.
  Conundrum will only get worse as
  - The world population ages.
  - New therapies become more effective, approved for more diseases, and increasingly as first-line therapies.
  - ► Cost of drugs continues to rise faster than incomes.
  - ▶ The fiscal position of governments everywhere worsens.

# Life Insurance benefits from life-extending innovation

Our insight: Life insurers experience a large windfall on existing policies as a result of life-extending medical innovation.<sup>7</sup>

<sup>&</sup>lt;sup>7</sup>Koijen and Van Nieuwerburgh, *Combining Life and Health Insurance*, 2020, Quarterly Journal of Economics

#### Life Insurance benefits from life-extending innovation

- Our insight: Life insurers experience a large windfall on existing policies as a result of life-extending medical innovation.<sup>7</sup>
- Benefit per dollar of face value for stage-IV melanoma:

	Insurer's benefit			
	Age of diagnosis			
Age of purchase	30	40	50	60
30	0.48	0.44	0.37	0.30
40		0.49	0.42	0.33
50			0.49	0.39
60				0.49

- Gain is \$159,000 for \$369,000 death benefit [30,40]
- Gain is \$20,000 for \$46,000 death benefit [30,40]

<sup>&</sup>lt;sup>7</sup>Koijen and Van Nieuwerburgh, *Combining Life and Health Insurance*, 2020, Quarterly Journal of Economics

# Financing the war on cancer

► The benefits to life insurers are large. How to use these benefits to finance life-extending medical treatments?

# Financing the war on cancer

- ► The benefits to life insurers are large. How to use these benefits to finance life-extending medical treatments?
- If consumers have all bargaining power.
  - The life insurer would cover the patient's out-of-pocket cost of treatment up to the insurer's marginal benefit.
  - ► Even in this scenario, the insurer profits as the benefit (\$9.8bn) exceeds the aggregate OOP cost (\$4.8bn).

# Financing the war on cancer

- ► The benefits to life insurers are large. How to use these benefits to finance life-extending medical treatments?
- If consumers have all bargaining power.
- If life insurers have all bargaining power.
  - Insurer wants the patient to have access to immunotherapy:
    - Allow patient to borrow against the collateral tied up in the life insurance policy.
    - 2. Reduce face value of policy by cost of treatment.

# Long-term implications

- Improved affordability of life-extending treatments.
  - ▶ By improving access to life-extending treatments, marginal cost of providing life insurance declines.
  - Lowers the price of life insurance (in competitive market place).
  - Increases demand for life insurance (price- and non-price-based demand).
  - Increases demand for life-extending treatments.
  - ► Further stimulates development of treatments, via R&D spending at pharmaceuticals (possibly subsidized by LI firms).
  - ▶ Resulting in additional survival gains.
    - ⇒ virtuous cycle ensues.

# Alzheimer and Long-Term Care Insurance

- Innovative cancer treatments benefit life insurers.
- Innovative treatments that slow the onset of Alzheimer's and Parkinson's, thereby slowing the entry into a nursing home benefit long-term care insurers (LTCI).
- By the same logic, LTCI firms may have an incentive to help finance such treatments for patients, as well as stimulate R&D.